

## TRAPPED BY ALCOHOL IS AN ALCOHOLIC.

Families and friends are suffering too.

Do you worry about how much someone drinks?

Al-Anon and Alateen can help.

Join us the first Friday of Every Month for our Open Speaker Meeting 8 pm - 9 pm

Zoom ID: 8351 424 7357

Password: 036762

1-888-4AL-ANON AL-ANON.ORG